

# KILKENNY COUNTY COUNCIL LIBRARY SERVICE



Kilkenny County Council Library Service  
Seirbhís Leabharlainne  
Chomhairle Contae Chill Chainnigh



# Little Library at Bedtime

Libraries Ireland  
Makes Every Library Your Local Library

Kilkenny County Council  
Library Service

First5

Rialtas Áitiúil Éireann  
Local Government Ireland

Right to Read  
at your Library

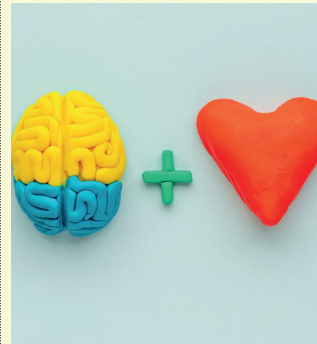
Rialtas na hÉireann  
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the nuances of communication that they might not encounter in everyday conversation.



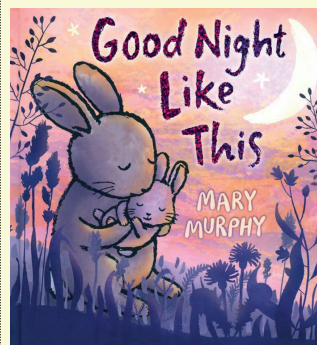
### Imagination and Creativity

Bedtime stories take kids on magical journeys to far-off lands, introduce them to fantastical characters, and inspire their imaginations. These experiences encourage creativity and the ability to think beyond the ordinary, fostering a love for stories and the art of storytelling.



### Love for Books

Bedtime stories often spark a lifelong love for reading. Children who grow up with a bedtime reading tradition are more likely to become avid readers in adulthood, enjoying the countless benefits of reading.



### Relaxation and Routine

The calming nature of bedtime stories helps children unwind and relax, making it easier for them to fall asleep. A consistent bedtime



routine can also reduce bedtime resistance and improve sleep quality.

### Building a Stronger Parent-Child Bond

The act of reading together fosters a special bond between parent and child. It creates a sense of closeness and security that is vital for a child's emotional well-being.

higher emotional intelligence and improved interpersonal relationships.

The practice of reading to children at bedtime is more than just a cozy routine; it is a gateway to a world of benefits. The love for books, nurtured from a young age, can grow into a lifelong passion, enriching the lives of children and

This voucher entitles you to a beautiful free book

Bedtime storybook  
for children age 0-4 years

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### Enhanced Emotional Intelligence

Stories often delve into complex emotional situations, helping children understand and empathize with various feelings and situations. This can lead to

preparing them for the challenges and adventures that lie ahead. So, open a book, snuggle up, and embark on the magical journey of bedtime stories—it's a tradition that shapes not just childhood, but the future.

## Our library staff love getting out on the road!

The simple act of library staff venturing out to visit early learning centres brings many benefits. Through interactive storytelling, fun activities and role play, young minds are introduced to the wonders of books, in a safe and familiar environment.

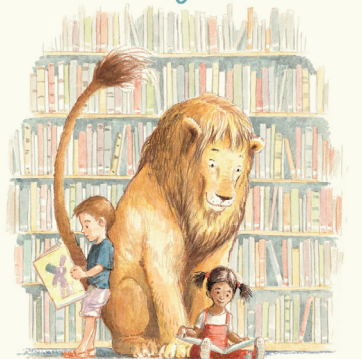


All over Kilkenny, library day is eagerly awaited by children, and staff alike! For many, this may be their first experience of the library service. Since September, our travels have taken us to Kinderland Creche in Ayrfield, Early Days Montessori in Glendine, and Lilliput Montessori, Johnswell Road, and there's many more planned.

We've handed out lots of library cards, and shared some wonderful stories about libraries, librarians, and other magical things; The Library Lion is a firm favourite.

This autumn, the added bonus of gifting The Little Library Book at Bedtime has raised the excitement levels, whilst ensuring that babies and young children will grow up with books in their home.

### Library Lion



MICHELLE KNUDSEN illustrated by KEVIN HAWKES

## Kilkenny County Council Library Service is delighted to be taking part in the new Libraries Ireland Initiative, Little Library At Bedtime.

A free bedtime story book and library card wallet are now available at your local library for all children of 4 years and under, to pick up and keep. This exciting initiative aims to engage all parents of young children to read stories with them at bedtime. Parents can choose a bedtime story book in either English or Irish. The gifting of books ensures that babies and young children will grow up with books in their home. Whilst signing them up to library membership is key to ensuring they have a lifetime of access to books.

The Little Library Book at Bedtime initiative, part of the First 5 strategy, runs from October to the end of December 2023.

In today's fast-paced digital world, where screens and gadgets are ubiquitous, the timeless tradition of reading to children at bedtime remains a cherished and invaluable ritual. Beyond its innate coziness and bonding, this practice offers a multitude of benefits that can significantly impact a child's growth and development.



Reading to young children at bedtime offers a plethora of benefits, including



### Improved Concentration and Focus

Listening to a bedtime story requires children to pay attention and follow the plot, thus enhancing their concentration and focus. This skill is invaluable for academic success and critical thinking in later life.



### Language Skills

Reading aloud exposes children to a richer and more varied vocabulary, helping them build their language skills. They learn new words, sentence structures, and

WELL DONE, MUMMY PENGUIN  
CHRIS HAUGHTON

