

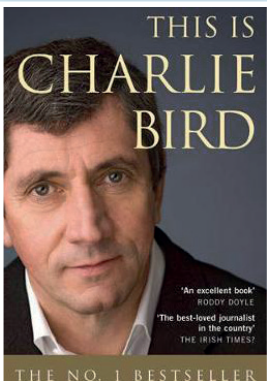
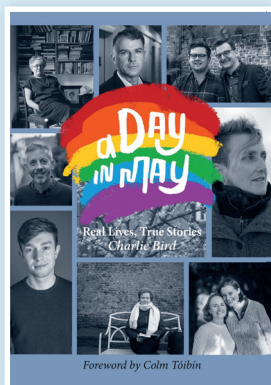


Climb with Charlie



Former RTE correspondent, Charlie Bird has organised a climb on Ireland's most sacred mountain on April 2nd in aid of the Irish Motor Neurone Disease Association and Pieta House, after receiving a diagnosis of Motor Neurone Disease. He was to be joined by Kilkenny native, Vicky Phelan, who has had to withdraw unfortunately due to her health.

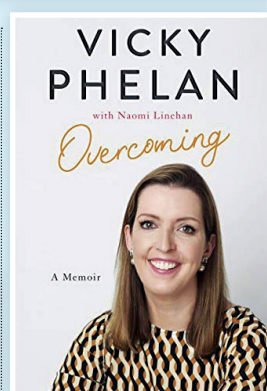
If you'd like to read Charlie and Vicky's biographies you can borrow through your local library branch or in digital format through Borrowbox on www.kilkennylibrary.ie or by downloading the Borrowbox App.



Charlie Bird had a long career in Irish Journalism. He joined RTE in 1974 and was at the heart of many big news events over thirty years, breaking major stories and interviewing presidents and prime ministers. He covered national and international news throughout his working life.

This book by Charlie tells the stories of over 50 people who were deeply affected by the marriage equality vote in 2015. These are real stories of LGBT people who have lived in the shadow of inequality for decades. It is a moving account of a moment which transformed our society and history.

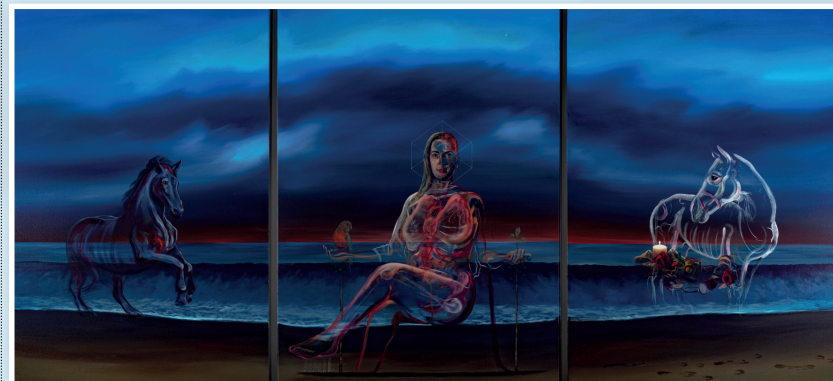
Mooncoin native, Vicky Phelan is widely known in the public domain as an inspirational and motivational campaigner. Her memoir "Overcoming" is a remarkable personal story, of a lady who has continued to live life to the full as best



she can under sometimes harrowing circumstances.

Your health is your wealth

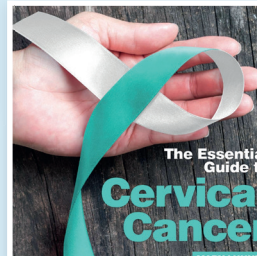
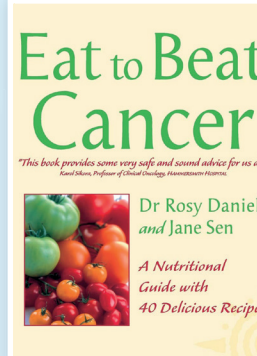
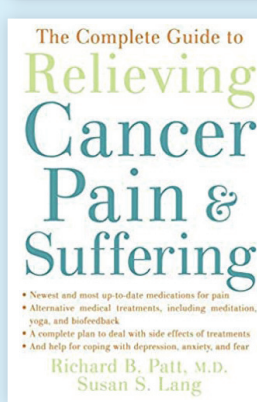
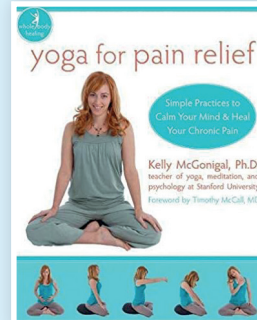
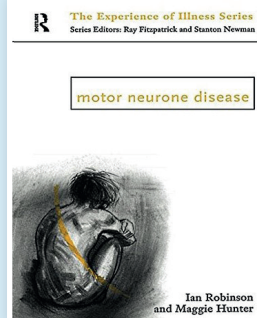
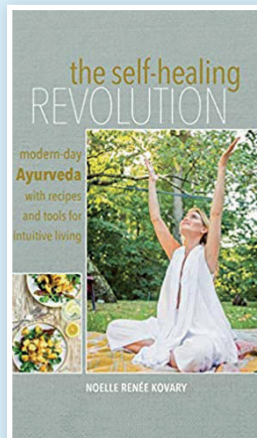
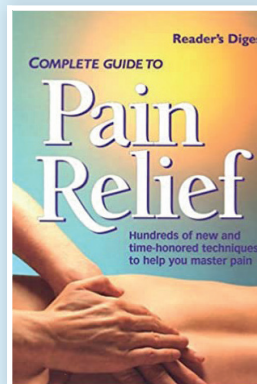
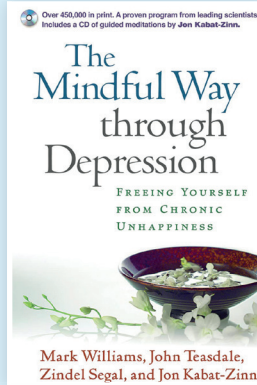
If you wish to find out more on Motor Neurone disease and/or Cancer, we have a dedicated Healthy Ireland section in each Branch. We stock many books on pain relief, stress management, depression



This painting of Vicky by artist Vincent Devine depicts Vicky's cancer journey. The painting was bought by David Brennan, a friend of Phelan family and can be booked for exhibition at a venue of your choice. It's currently on display at The Solas Cancer support centre, Waterford and will be on show nationwide.

etc. which may help many people with illnesses.

Croagh Patrick is a holy mountain in Mayo, where St. Patrick is said to have climbed and spent 40 days praying. After the forty days, he's said to have dropped a bell down the mountainside and banished the snakes from Ireland. Every year, hundreds



of people climb Croagh Patrick on Reek Sunday in the summer, doing the same pilgrimage. You can walk in solidarity with Charlie by climbing a local hill/mountain.



We stock lots of books on walking, hill climbing and pilgrimage guides-Check these out at your local library to plan ahead for your climb on April 2nd, in recognition of these two wonderful people.

