## **KILKENNY COUNTY COUNCIL** Kilkenny County Council Library **LIBRARY SERVICE** Chomhairle Contae Chill Chainnigh **Age-friendly Libraries**



For the love of reading!

As well as selecting new popular fiction and non-fiction books, library staff continue to invest in large print titles, audiobooks, eBooks and eAudio-books to support those that want to continue to enjoy a love of reading well into their older vears.



Our Borrowbox app provides eBooks and eAudiobooks for free to all registered library members. It also includes features that can allow you to adjust the screen backlighting and increase the size of the font which is helpful for older eyes. If you are looking for help in getting started with Borroxbox, pop into your local library and ask the library staff who are happy to help!



Being socially engaged and keeping active!

Keeping socially engaged as we age, is so important for our health and well-being. A visit to the library to simply browse the shelves and chat with the library staff, read the newspaper or join a group e.g. a bookclub or a craft group can be so beneficial.

Learning a new skill and keeping the mind active should also be a priority! Libraries provide lots of opportunities to continue in life-long learning with free access to classes and workshops such as art classes, computers

ing business, pet care, writing skills, languages, history - there is something for all interests!



## **Being informed!**

Libraries are sources of trusted information and library staff are always on hand to help with a query. In recent years, libraries have provided access to trusted health information with our Healthy Ireland at Your Library stock collections. These collections have been specially selected by professionals in the HSE and public librarians and provide book titles on all aspects of positive ageing in terms of health and well-being. Check

out the recent additions to this collection which include books on dementia and bereavement.

Service

Seirbhís Leabharlainne

In addition to books on dementia, three library branches now have magic tables available for use in the branch for those who are living with dementia. These magic tables feature lots of interactive fun sensory games which have been proven to be very beneficial to those with dementia. Call into Castlecomer Library, Loughboy Library or



Graiguenamanagh Library to learn more.

## Age-friendly library

In 2019, Graiguenamanagh library was awarded an Age Friendly status. This library has additional aids to help you during your visit to the library including magnifying glasses, reading glasses, a library trolley and adjustable table all for your comfort and support. Loughboy Library is this year, working towards achieving a similar status and the aim is that all our library branches will achieve Age-Friendly status in the near future.





With people living longer and healthier lives, our libraries are here to provide support and ser-

vices to ensure that those extra

vears are filled with health, hap-

piness and creativity!

Often when people are entering their retirement they now have more time to enjoy reading, to learn a new skill, to meet new people or to revisit an old hobby. Lucky then that the library provides for all of these opportunities and more.





Libraries have also invested in new technologies to support our readers and C-Pens are now available in each branch. These are a pocket-sized device that will read the text aloud so are helpful to those who might have sight issues.

and genealogy workshops. Our online classes are also a great way to learn something new with over 500 online classes available that you can complete in your own time and at your own pace. Choose from a wide range of modules includ-

